The ECI Newsletter
Keeping you informed with news - March 2007

Creativity

Creativity Tag Up – Affirmations

As coaches we have the opportunity to help our clients practicing creative thinking. Sometimes we need to help our clients to see the possibilities and to overcome self-limiting thoughts. Big deeper lessons sessions and more concrete their goals.

So, we chose recently one of the affirmations.

Using affirmations have helped me engage my face and sense of humor and to see things from a new point of view. Some levels were waiting. Thank you for taking time to help my creativity and to see things from a new point of view. Affirmations.

Michael Duffy

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We would appreciate your feedback on this article or the newsletter.

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Editor's Letter

Not sure creative? What do you love crazy something? Is creativity a thought process that is natural to you?

The answer for all of us is yes! Of course!

Quite simple it is my first belief that we are all capable of being creative.

"Dad", I hear you say, "How profound Michael" sarcasm.

Well, I'm not profound. I'm just a coach. I'm a Mum, Dad, Grandmother, Mr. Fix-it, Mr. Cook, Mr. Gardener, Mr. Tidy-up, Mr. Cleaner, Mr. Shopper, Mr. Sleep-in, Mr. Wake-up, Mr. Tired, Mr. Wired, Mr. Shy, Mr. Outgoing, Mr. Tall, Mr. Short, Mr. Fat, Mr. Thin, Mr. Ugly, Mr. Pretty, Mr. Sad, Mr. Happy, Mr. Cry, Mr. Laugh, Mr. Sing, Mr. Dance, Mr. Sleep, Mr. Wake