



Short Course name: **Wisdom at Work**
Members name: Noel Posus
Organisation name: Incredible Awareness
Organisation location: Sydney, Australia

Short description: Do you wish you knew the wise thing to do, whatever the situation, in order to make the most of it for yourself and for others?
Would you like to be a wiser leader of your team, your business, your community or other organisation?
Would you like more wisdom in your self-leadership style?
If the answer to any of these questions is "yes", then this one-on-one four-session phone coaching programme will be of service to you.

In this programme we will address the above questions and others, including:

- What is wisdom and what does it mean to you?
- How can you access and appreciate your own wisdom more easily and more fully?
- What makes a wise leader?
- How can you be a wiser leader and make wisdom an inherent aspect of your leadership style?
- What does it take to connect with and draw out the wisdom of others?
- How can you put wisdom to work for you in everyday life both professionally and personally?

Outcomes - you will have:

- Developed a personal and professional definition of wisdom
- Developed a personal and professional wisdom-based model of leadership
- Clarity about how to apply wisdom in numerous contexts
- The ability to access and act on your wisdom voice rather than less useful internal voices e.g. the controller, victim or sceptic
- Developed strategies for eliciting wisdom within your team and other groups
- A development action plan
- Access to an on-line resource library of wisdom and leadership focused materials
- The opportunity to pursue this material further through individual coaching.

This programme is designed to instil in us the knowledge that wisdom is available, in every moment, from both our selves and other people. It will enable each one of us to access our wisdom more often, more easily and more effectively and support us in lifting our leadership to the next level by incorporating wisdom into our automatic repertoire. Facilitated by either Noel Posus or Claire Stretch, who developed this programme to tap into the rich inner reserves of wisdom within.

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Dates: You and your coach will negotiate the schedule that works best for you.

Venue: Phone or Skype

Price: Australian \$640.00 inc GST which can be paid by electronic funds transfer or credit card (through special arrangement via the askacoach.com website)

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If you would like this programme offered as an event run in your city, please contact Noel Posus with your request. Please note that you may also be asked to assist in attracting 30 participants, which is the ideal number to run this workshop.

Please let the organisation know that you booked the workshop or contacted them through the IIC